



# Welcome to the Preschool and Pre-K!

## Meet Your Teachers

Ms. Laura has an Associates in degree in ECE, a Bachelor's degree in Psychology and is working on a Master's Degree in Reading and aspires to become a reading specialist. She has a passion for literacy and young children. She has a teenage daughter and two cats. She is always cheerful and either humming or singing. The kids love her enthusiasm for books and music.

Miss Ilise is working on her BA in Psychology with a concentration in children and adolescents. She enjoys working with children with challenging behaviors. She is recently married and can't wait to have children of her own.

## Daily Schedule

It is important for young children to be in a consistent routine. After all, they can't tell time, so they know what time it is based on a sequence of events. We make every effort to follow a consistent routine so children can anticipate the next activity.

Daily activities include:

Gross Motor Time Inside and/or Outside

Circle Time

Morning and Afternoon Project

Nap time

Two Snacks and Lunch

## Curriculum

Curriculum and learning opportunities for children are designed to meet the NH K-12 Curriculum Frameworks which focus on:

- Physical development Social Studies
- English Language Arts Career Development
- Science Health
- Math The Arts

The lead teacher develops a curriculum based on the monthly theme. There is an individual curriculum goal identified each week, which is reinforced by a book of the week, individual projects, and Handwriting Without Tears® practice.

In preschool and pre-K we study letter recognition and fluency, develop phonological and phonemic awareness, sight word recognition, and environmental print. Math concepts include developing a concrete understanding of the numbers 1-100 (including grouping, money and time), sorting, classifying, shapes, and patterns. Social studies concepts include learning about our home, neighborhood, and world. Our curriculum also includes body awareness and large and fine motor development, including handwriting. We strongly encourage children's independence.

The Handwriting Without Tears® curriculum draws from years of innovation and research to provide developmentally appropriate, multisensory tools and strategies for your classroom. The program follows research that demonstrates children learn more effectively by actively doing, with materials that address all styles of learning.

### Communication

Families can access information about their child's day and message care providers in real time through Brightwheel. The Brightwheel app allows us to digitally document your child's day by noting meals, toileting routines, and daily activities.

We can share events, take photographs, and develop a digital diary that summarizes your child's daily progress and long term development.

Early learning guidelines are tagged as part of your child's daily activities. This application allows families to leave arrival information for us and engage in dialogue about your child's day.

### Transitioning to K

We make sure to help your child get ready for the public school schedule and curriculum expectations.

Children entering K should know upper and lower case letters, count to 100 by 2s and 5s, write their name, and are proficient at cutting complex shapes. They should also be able to read simple leveled readers and be well on their way to knowing 50 sight words.

*"Our son just started Kindergarten, and after his assessment testing the teacher asked us where he went to preschool -- because she wants her kids to go there!"*-  
Family of a Pre-K student

### Positive Behavior Intervention Support (PBIS)

It is the goal of this program to implement a developmentally appropriate behavior support system that encourages staff, children and families to develop behavioral expectations which will help them succeed in school and society. If a child is running in the hallway, a teacher may ask them to use walking feet because running is not safe. This program helps to express both “what” we expect for a behavior and “why” we expect that behavior.

### Items You Need to Provide

- Two Snacks and a Lunch (Nut Free)
- Milk Cup and Water Bottle
- Two changes of Clothes
- Sunscreen and Bug Spray
- Blanket and Cuddly for Nap Time

We will provide a cot sheet for your child. We will send the sheet and cuddly home at the end of your child’s week to be washed.

Ready to enroll? Please complete the registration form on [www.aplace2grow.com](http://www.aplace2grow.com) and drop off one month deposit to the school. Enrollment is not guaranteed until the registration form and deposit are received. We strongly urge you to stay in communication with Jen regarding your enrollment needs.

We look forward to caring for your family,